
DOES YOUR CHILD SNORE?

Sleep disordered breathing is a common topic for adults. Many people don't consider this as a problem for young children. A recent seminar attended by Dr. Lenihan discussed this topic and provided some very beneficial information. Discovering sleep disorders in children can actually help with many issues that a child might be dealing with. There are questionnaires that a parent can fill out that helps determine if a child might be suffering from sleep disordered breathing. If you feel that your child may be suffering from sleep disordered breathing or sleep deprivation we would be happy to discuss the pediatric ENT in this area.

Membership Savings Plan

Do you not have insurance? Is your insurance expensive with poor payments? Is your insurance operating on a Usual and Customary Fee Schedule 10 or more years old? We have introduced the Elite Care Value Program! In an effort to make our dental practice better for you, we are now offering our own "in-office" dental membership program for patients that do not have dental insurance benefits.

Preventive dental services are included in the annual membership fee, as well as a 15% discount on most restorative treatment and a 10% discount on services that require outside lab work.

You will receive exceptional quality preventive and restorative care. The Program will enable YOU to control your costs and, maintain your oral health! Because this is NOT INSURANCE, members need not worry about plan maximums, waiting periods, or treatment limitations!

Check in with one of our team members for further information and join others who are enjoying our Elite Care Value Program! Great care for you and save money too!



Opalescence Go!

We are considering a new whitening system for our patients and would love your input! Let us know if these features interest you.

Opalescence Go! whitening features ready-to-go convenience with the UltraFit tray for an even more adaptable and comfortable whitening experience.

- No impressions or lab time!
- Unique tray material offers a remarkably comfortable fit and easily conforms to any patient's smile.
- Every patient kit includes a 1 oz. tube of toothpaste.
- UltraFit tray's superior adaptation ensures the maximum amount of gel stays in contact with the teeth during whitening.
- 15 minutes a day for 2 weeks!

GOOGLE REVIEWS



We love to hear your feedback and we look forward to reading your reviews. We appreciate the terrific reviews on all the review platforms; however the **Google** platform reaches the most people. You can follow these easy steps to leave a **Google Review**: 1) From your computer/phone, open **Google Browser** or **Google Maps** and make sure you are signed in to your Google account. 2) Search for Elite Dental Care TN. 3) On the left, scroll down and click **write a review**. 4) Rate and write about your experiences at Elite Dental Care TN! We love 5 star reviews!

Support our troops!

Help us show support and love for our troops! Each year after Halloween, we send **care packages** to our troops overseas. Please join us in thanking them for their many sacrifices by bringing in your left over **Halloween candy**, and any other necessities or treats which you would like to donate. When you drop off the items, feel free to write words of thanks and gratitude on the **pumpkin shaped notecards** in our waiting room. To allow you plenty of time to drop by the office, we will have the notecards ready at the beginning of September! The soldiers love this tradition of ours, and have given great response to it in the previous years. We will be collecting items through the first week of November. Thank you in advance for your help!



What's Cooking?

Corn Dip

This dip is perfect for a backyard Bar-B-Q!

- 1 c. sour cream
- 1 c. mayo
- 1 c. shredded cheese
- 1 10oz. can of Rotel **drained** (For a little extra kick use HOT Rotel)
- 2 11oz. cans of Mexicorn **drained**
- 4 green onions chopped, green and white parts

Mix together, chill and Enjoy!

The dip is good served with Tostitos.



Office Closings & Holidays

So that our team may enjoy the holidays with our families and attend required Continuing Education courses, our office will be closed on the following days: Monday September 2nd and Friday October 25th. Thank you for your understanding when we are out of the office.

WELCOME!

Please join us in welcoming Leah and Carissa to the Elite Dental Care TN team!

Leah is a Registered Dental Assistant and graduated earlier this year from Ross Medical Education Center. She is very excited to join the Elite Dental Care team assisting Dr. Lenihan chairside. In her spare time she enjoys spending time with her family and friends or working in her flower beds.

Carissa is currently training and will be a Registered Dental Assistant by the end of August. She is working chairside with Dr. Lenihan and gaining experience in this field. She enjoys spending time with her son and family, and experiencing new things and places. She is very excited to start this career and journey.